

Nurtured Together



Elf

on the Shelf

The Good Deeds Elf Club



Imagine...

This is a reimagined version of *Elf on the Shelf* that swaps tricks for teachable moments.

Each day, the Elf introduces a small act of kindness, good manners, or thoughtfulness, encouraging children to *do good, notice good, and feel good*.





Meet the Good Deeds Elf

On the following page, you will read the story of Pip and the Good Deeds Elves Club, and how they graduated from the *School of Mischief Management...*

Pip doesn't spy or tell tales; they remind children that small kindnesses and manners make big magic!



Pip, the Founder of the
'The Good Deeds Elves Club'

Pip and The Story of the Good Deeds Elves Club

and how they graduated the The School of Mischief Management

Pip and their friends had been studying hard at the School of Mischief Management, which is a very famous school where all the elves go.

At this school, all the elves go to learn about making children giggle, hiding biscuits and occasionally balancing marshmallows on people's noses.

Pip and their friends were very good at mischief. Very good. They were able to make a glitter explosion in the wrapping paper cupboard, but the best thing they ever did happened one very snowy winter, just before Christmas.



Pip and The Story of the Good Deeds Elves Club

and how they graduated the The School of Mischief Management



It was the very last day of school, and Pip and their friends had a very important test to take, but during the test, something went very, very wrong. The test was simple: fill Professor Jinglebutton's office with harmless whoppee-cushion giggles. But Pip accidentally mixed up the sparkly powder jar with the super-sticky glue jar, and within seconds, every elf in the room was glued to the floor, including Professor Jinglebutton!

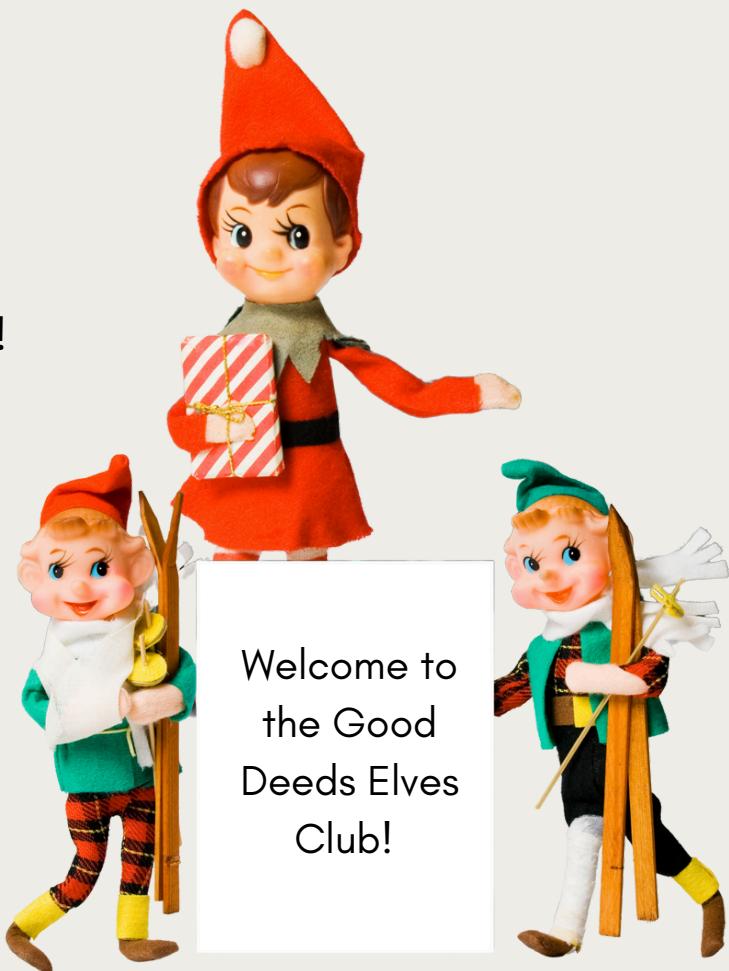
While everyone panicked, Pip rushed to help, bringing hot chocolate, kind words, and lots of patience. By the time Pip and their friends had carefully unstuck each elf, something magical had happened. No longer were they all laughing because of mischief, but from kindness!



Pip and The Story of the Good Deeds Elves Club

Pip and their class realised that helping felt even better than causing mischief, and from that day on, all of Pip's friends became known as **The Good Deeds Elves**. The elves who turn sticky situations into a story about doing nice things!

Now every year, there is a special class of elves who join all the other special elves to become **The Good Deed Elves Club**, spreading **kindness, helping, and warm hearts** wherever they go, proving the best kind of magic is the kind that makes someone smile!



Is your Elf part of The Good Deeds Elves Club?



Ideas....



Let's begin!

Are you ready?

No children allowed pass this point!



You leave the resources with the elf, and write out the prompt, as if from the elf...



24

Ideas to spread the joy of christmas

The Calm Elf

Action: The Elf practices calm breathing with a written prompt: "Even elves need a moment to breath!" Put the elf in a calm place/position.
Prompt: What helps you calm down when you are cross or tired?

Kindness Bingo

Action: A mini bingo card appears with the elf: Smile at 3 people, share something, give a hug, say sorry, to be played throughout the day.
Prompt: Discuss what they did throughout the day.

The Elf Says Thank You

Action: The elf leaves sticky notes for little "Thank You" note for someone who helps you (teacher, parent, friend)
Ask your child "Why do you think people like to be thanked?"

The Listening Elf

Action: The Elf sits with a tiny sign: "Good listeners have big ears and kind hearts" and ask the elf to listen to a story with your child

The Compliment Collector Elf

Action: The elf leaves paper stars and asks everyone to write a compliment for at home or school.
Prompt: "What kind words things make you feel good?"

The Helpers Hat Elf

Action: The Elf wears a paper hat labelled "Helper of the Day" and invites your child to earn it by helping with a small job.

The Sharing Elf

Action: The elf sits in the child's toys with a note of "what toy would make a friend happy?" and a gift bag. Ask your child to choose a toy to share with a friend.



You leave the resources with the elf, and write out the prompt, as if from the elf...



24

Ideas to spread the joy of christmas

The Sharing Shelf

Action: Sit the elf with a box and a sign saying choose one toy or box to donate to someone who's enjoy it.

Elf's Secret Snack Service

Action: Have the elf "prepare" a surprise snack for someone in the house with a note that says "Made with Kindness"

The Lost Sock Mission

Action: The elf has an odd sock and a note: "Find a lonely sock and reunite it with its partner - teamwork matters!"

The Elf's Positivity Potion

Action: Have the elf leave a "recipe" card of:

- 1 big smile
- 2 kind words
- 3 deep breaths

Get your child to imagine making the potion and then putting into a small box or bag for them to gift to someone they love.

The Tidy Up Treasure Hunt!

Action: The elf hides small "thank you" notes amongst the toys, to be found during a tidying up session.

The Hug Delivery Service

Action: Have the elf sit with a sign that reads "Deliver at least 3 hugs today. No charge. No returns.

The Apology Adventure

Action: Have the elf leave a little cut out heart saying "If something went wrong yesterday, today's magic word is 'sorry'. It fixes hearts fast.

Prompt your child by suggesting or guiding them on how to use it.



You leave the resources with the elf, and write out the prompt, as if from the elf...



24

Ideas to spread the joy of Christmas

Kind Kitchen Elf

Action: Have the elf with some measuring spoons and ingredients, with a note "Bake something to share!" and encourage your child to bake something for people.

Elf's Compliment Confetti

Action: Have the elf spill paper "confetti" with kind words written on them (brave, helpful, funny, caring) for children to scatter and share with others.

Elf's Calm Corner

Action: Have the elf sit quietly with a sign saying "Even elves need a calm minute. Want to join?" build in a mindfulness break.

The Gratitude Garland

Action: Create the strips for a paper chain and have the elf sit with them and a pen to invite your child to begin a "something you are grateful for" chain. Add to it each day.

Elf-Elf Mission

Action: Have the elf sit with a black bag and a pair of gardening gloves with a sign that says "Todays mission, is to pick up litter" and see how much they can pick up on the way to school.

The Giggle Challenge

Action: Have the elf with a sign saying "Make someone laugh today - this counts as a good deed" Get them to count how many people they make laugh!



You leave the resources with the elf, and write out the prompt, as if from the elf...



24

Ideas to spread the joy of christmas

The Coat of Kindness

Action: Have the elf by the coats, with a tag that says "Let's help someone stay warm, donate a coat, hat or scarf that is too small for you now!"



Elf's Reflection Night

Action: Before bed, have the elf holding (a battery-powered) candle with a note: "What good deed made your heart warm today?"

The Star of Kindness

Action: Have the elf sit with a paper star and a note "Write someone's name on the star who did something kind today, then hang it up so the kindness can shine!"

The Letter of Light

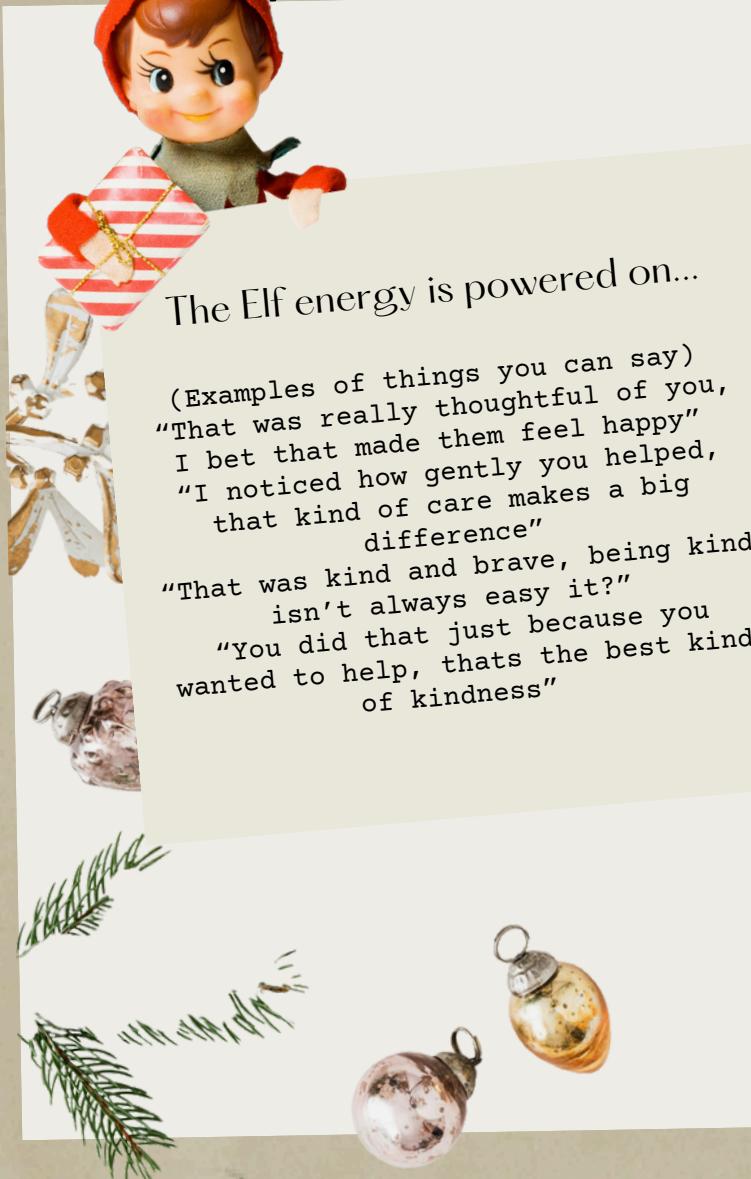
Action: Have the elf set up with Christmas cards and pens. Have a sign saying "Time to write a cheerful card for our friends!"

The Good Deeds Elf Club

You don't have to do all of the ideas.. or even half! The elves are very busy and can get very tired, so remind your children that self-care is important for elves too, so the elf may not be able to do something every day!

Whatever you decide to do, remember it is meant to be fun, about spreading the joy and spirit of Christmas, so allow yourself to be imperfect and enjoy this time too!

Maybe a few other ideas to include, if the elf doesn't get busy every day, could be...



The Elf energy is powered on...

(Examples of things you can say)
"That was really thoughtful of you"
"I bet that made them feel happy"
"I noticed how gently you helped,
that kind of care makes a big
difference"
"That was kind and brave, being kind
isn't always easy is it?"
"You did that just because you
wanted to help, that's the best kind
of kindness"



Elf Etiquette

The elf has some "Manner Moments" which means they don't need to be so busy!

- Saying please and thank you
- Waiting your turn
- Helping to tidy up without being asked
- Saying sorry when you make a mistake
- Being gently with people and things

Final Note:

Teaching children to be kind, thoughtful and grateful isn't about rehearsing "nice" behaviour or collecting praise stickers. True kindness comes from connection, when children *feel* good about helping, not just *looking* good while doing it.

That's why we focus on **positive reinforcement**, not reward or punishment. Positive reinforcement simply means gently noticing and naming the behaviours we want to see more of, giving attention to kindness, calm, effort, and empathy.

When you say "*I liked how you shared that*" or "*That was really kind of you*" you're showing your child that their actions matter and that goodness feels good.

It's not bribery, it's belonging, which is a quiet kind of teaching. It teaches our children that being kind on its own, is the reward.

So keep the praise gentle, the expectation realistic, and the moment genuine, as a little warmth and a few well-chosen words will always outshine a sticker chart in the long run.

Kelly, @Nurtured Together





Have a wonderful Christmas!

